

TATTOO AFTERCARE

So you got a new a tattoo. Here's the best way we think to take care of it.

- 1) Leave the tattoo bandaged for a minimum of 1 Hour.
- 2) Gently remove bandage under warm running water to reduce the risk of damaging the tattoo.
- 3) Once the bandage is removed, using an unscented/antibacterial soap wash your tattoo off well with your hand and warm soapy water, and rinse.
- 4) Gently Pat dry with a clean towel and allow the tattoo to air dry for about 1 day.
- 5) Repeat steps 3 and 4 as a regiment for the duration of your tattoo healing and ADD step 6
- 6) Apply lotion - We recommend H2Ocean (or any non-scented lotion) This regiment should be performed 3-6 times a day until tattoo is healed

Consult a Healthcare professional at the first sign of infection

DO NOT

DO NOT re-bandage the Tattoo

DO NOT Pick or scratch tattoo while its peeling

DO NOT Soak Tattoo. No Swimming, baths hot tubs or saunas for two weeks.

DO NOT apply Alcohol, VASELINE, Petroleum Jelly or Sun Block to a fresh tattoo

DO NOT Shave or Wax the area until tattoo is healed

DO NOT *Listen to your Friends*-They are not experts, IF you have questions just give us a Call.

***ONCE YOU LEAVE THE SHOP,
PROPER CARE OF
YOUR TATTOO OR PIERCING
IS YOUR RESPONSIBILITY!!***

Consult a Healthcare professional at the first sign of infection

www.luckygaltattoo.com

LG-1-17



**LUCKY GAL TATTOO AND PIERCING
AFTERCARE SHEET**

515-257-7940

PIERCING AFTERCARE

Basic Everyday guidelines:

- * Stay healthy. Get enough sleep and eat a nutritious diet.
- * Make sure bedding is kept clean and changed regularly.* Showers are preferred. Bathtubs can harbor bacteria.
- * Keep your new piercing out of soaking water such as lakes, pools, Jacuzzis, etc.
- * Avoid the use of alcohol, hydrogen peroxide, betadine, or ointment.
- * Do NOT over clean!
- * Avoid oral contact, rough play, and contact with others' bodily fluids on or near your piercings.
- * Avoid stress and recreational drug use including: excess caffeine, nicotine and alcohol.
- * Avoid ALL beauty and personal care products on or around the piercing including cosmetics, lotions, and sprays.
- * DO NOT try and change the jewelry too early. Wait at least 4-6 weeks or more (3 months on Navel) to change. If irritation appears with your change-out jewelry then remove and replace with the cleaned original jewelry.

Cleaning:

- * Wash your hands thoroughly prior to cleaning, or touching on or near your piercing for any reason.
- * Using the preferred liquid antimicrobial or liquid antibacterial soap, lather a small pearl size bead of soap in your hand, preferably while showering, and wash the jewelry an piercing for no more than 30 seconds and rinse well.
- * Let air dry or dry with disposable paper products such as paper towels. Do not use cotton type towels.
- * Apply H2Ocean sterilized sea salt solution. Do NOT wipe off. Re-apply H2Ocean up to six times daily.

* Urinate after cleaning a genital piercing.

What is normal?

- * Initially, some bleeding, localized swelling, tenderness, or bruising.
- * While healing, some discoloration, itching, secretion of a whitish-yellow fluid (not pus) that will form some crust on the jewelry.
- * A piercing may seem healed before healing is complete. This is because the piercing heals from the outside in. Be patient and keep cleaning through the entire healing process.
- * Once healed the jewelry may not move freely; DON'T force it. If you fail to include cleaning your piercing as a part of your daily hygiene routine; normal but smelly bodily secretions may accumulate.

Oral Piercings:

Basic everyday guidelines:

- * Allow small pieces of ice to dissolve in the mouth.
- * Take an over the counter, non-inflammatory such as Ibuprofen or Naproxyn Sobium according to package instructions.
- * Do NOT play with the jewelry. Permanent damage may result.
- * Avoid undue trauma, excessive talking or playing with the jewelry during the healing process can cause scar tissue, migration, or other complications.
- * Avoid any mouthwash containing alcohol.
- * Avoid oral sexual contact including French kissing or oral sex during the healing process.
- * Avoid chewing gum, tobacco, fingernails, pencils, sunglasses, etc.
- * Avoid sharing plates, cups, and eating utensils.
- * Avoid smoking. Smoking increases risk and healing time.
- * Wash the jewelry and piercing for no more than 30 seconds and rinse well.
- * Let air dry or dry with disposable paper products such as paper towels. Do not use cotton type towels.

MESSAGE FROM US

First and foremost, thank you. Your continued

support of local artists is what keeps us going.

We want you to be happy with your tattoo or

piercing so please if you have a problem please

come talk to us. We don't bite. We make our living

on your hard earned dollars.

We just want you happy. Happy customers mean

repeat business and your friends are potential

new clients. If you like what we did please spread

the good word. We are a sensitive bunch and love

our egos stroked so please promote us any way you

can!!

Again, Thank you from all of us at Lucky Gal Tattoo

and Piercing.

www.luckygaltattoo.com